

Delaware TMS Testimonial

6/22/16

Since my early 20s I have been treated for depression with medications and talk therapy with varying degrees of success. The depression has continued to deepen throughout my life. More medications were tried without improvement. Now after 40 years of battling this disease, I reached a point where I felt there was no hope that I would ever feel “normal”.

I finally searched the internet for any “new” treatments for depression. I found information about TMS, reading that it was a non-invasive treatment with virtually no side-effects, I began to hope that TMS might be a possibility for me. It took 3 years from the time of that internet search to find a facility that provided TMS at a reasonable distance from my home. Delaware TMS is that facility, at their Lewes office, where I was treated, I found an excellent staff who evaluated me and told me that I was a candidate for TMS. From the evaluation and throughout my 6 weeks of treatment, Erin Yates, TMS Program Director, has been professional, caring, and extremely supportive. Her explanations of how the treatment would be done, and her attention to detail regarding my physical and mental status during the treatments was amazing. She made me feel safe and comfortable, at a time when I was extremely anxious and depressed.

After 6 weeks of treatment, I can honestly say that TMS has changed my life. The deep depression has lifted and my anxiety is almost non-existent. My improvement started 2 or 3 weeks into therapy and has continued to evolve. I feel “lighter” emotionally and calmer than I have in years. I cannot express how grateful I am to have found a treatment that has given me back hope in my life. I would urge anyone with depression to look into TMS.

And, to Erin Yates... you have been the most crucial component of TMS for me. I cannot thank you enough for your reassurance, professionalism, and sense of humor!

- MP, female, 64, Sussex Co, Chronic Clinical Depression